

MRI PATIENT INFORMATION SHEET

Magnetic Resonance Imaging (MRI) is a diagnostic imaging technique that uses magnetic fields and the properties of water in your body to create very detailed images.

Upon registration for your appointment, you will be given an MRI Screening form to complete and perhaps additional forms to review depending on your examination. Complete the forms to the best of your ability.

An MRI technologist will greet you and prepare you for your examination. Your screening form will be reviewed, and they will answer questions pertaining to your examination.

You will be asked to change into a hospital gown. The reason for this is, is to ensure that you do not have any objects on you that perhaps could be attracted to the magnetic field or cause bodily injury. We want to make sure you are as "metal" free as possible. Jewelry, watches, hairpins, glasses, body piercings, etc. will need to be removed. Safe storage of your valuables will be provided.

In general, we do not allow additional family members into the examination room. If you are anxious about the exam, direct your concerns to the MRI technologist and they will be happy to address them. We use many techniques to help you through the test if you are nervous.

During your examination you will be placed onto the scan table and advanced into the MRI machine. Depending on the exam, you may have coils (cameras) placed on you to receive information from your body.

The examination is very noisy, you will be provided with hearing protection. The test may also increase your body temperature or produce vibrations. You will be provided with a call button in case of emergency. The technologist performing your examination will monitor you throughout the procedure to ensure your safety and comfort.

The test is very sensitive to motion, it is important to lay as still as possible and relax. The technologist will make you comfortable prior to the beginning of the test. You may be asked to hold your breath or perform other instructions depending on the exam requested.

The examination will last from 15-90 minutes depending on the request. You <u>may</u> receive an injection of MRI contrast into your bloodstream through an intravenous which provides the radiologist with additional information. You will be carefully screened to ensure you have no risk factors.

Upon completion of the test, you can return to the changing room, get dressed and resume normal daily activities. Your health care provider who ordered the test will receive the results within 5 business days.

If you have any questions or concerns, please ask an MRI technologist, they will be happy to help you.

Thank you and Welcome!